### DECLARATION OF EMERGENCY

### **Department of Health and Hospitals Bureau of Health Services Financing**

Professional Services Program Diabetes Self-Management Training (LAC 50:IX.Chapter 7 and 15103)

The Department of Health and Hospitals, Bureau of Health Services Financing adopts LAC 50:IX.Chapter 7 and §15103 in the Medical Assistance Program as authorized by R.S. 36:254 and pursuant to Title XIX of the Social Security Act. This Emergency Rule is promulgated in accordance with the provisions of the Administrative Procedure Act, R.S. 49:953(B)(1) et seq., and shall be in effect for the maximum period allowed under the Act or until adoption of the final Rule, whichever occurs first.

Act 11 of the 2010 Regular Session of the Louisiana Legislature authorized the Department of Health and Hospitals, through its primary and preventive care activity, to provide reimbursement to providers for rendering services that will educate and encourage Medicaid enrollees to obtain appropriate preventive and primary care in order to improve their overall health and quality of life. In keeping with the intent of Act 11, the Department of Health and Hospitals, Bureau of Health Services Financing promulgated an Emergency Rule which amended the provisions governing the Professional Services Program to provide Medicaid reimbursement for diabetes self-management training (DSMT) services (Louisiana Register, Volume 37, Number 2). It is anticipated that this new service will promote improved patient self-management skills which will reduce diabetes-related complications that adversely affect quality of life, and subsequently reduce Medicaid costs associated with the care of recipients diagnosed with diabetes-related illnesses.

The department promulgated an Emergency Rule which amended the provisions of the February 20, 2011 Emergency Rule governing the Professional Services Program in order to clarify the provider participation requirements for the provision of DSMT services (Louisiana Register, Volume 37, Number 6). This Emergency Rule is being promulgated to continue the provisions of the June 20, 2011 Emergency Rule. This action is being taken to promote the health and welfare of Medicaid recipients diagnosed with diabetes and to reduce the Medicaid costs associated with their care.

Effective February 17, 2012, the Department of Health and Hospitals, Bureau of Health Services Financing amends the provisions governing diabetes self-management training services rendered in the Professional Services Program.

# Title 50

## PUBLIC HEALTH-MEDICAL ASSISTANCE

Part IX. Professional Services Program **Subpart 1. General Provisions** 

### Chapter 7. **Diabetes Education Services**

### **§701. General Provisions**

A. Effective for dates of service on or after February 20, 2011, the department shall provide coverage of diabetes selfmanagement training (DSMT) services rendered to Medicaid recipients diagnosed with diabetes.

AUTHORITY NOTE: Promulgated in accordance with R.S. 36:254 and Title XIX of the Social Security Act.

HISTORICAL NOTE: Promulgated by the Department of Health and Hospitals, Bureau of Health Services Financing, LR 38:0000 (January 2012).

### §703. Scope of Services

- A. DSMT shall be comprised of one hour of individual instruction and nine hours of group instruction on diabetes self-management.
- B. Service Limits. Recipients shall receive up to 10 hours of services during the first 12-month period beginning with the initial training. After the first 12-month period has ended, recipients shall only be eligible for two hours of individual instruction on diabetes self-management per calendar year.

AUTHORITY NOTE: Promulgated in accordance with R.S. 36:254 and Title XIX of the Social Security Act.

HISTORICAL NOTE: Promulgated by the Department of Health and Hospitals, Bureau of Health Services Financing, LR 38:0000 (January 2012).

### §705. Provider Participation

- A. In order to receive Medicaid reimbursement, professional services providers must have a DSMT program that meets the quality standards of one of the following accreditation organizations:
  - the American Diabetes Association;
  - 2. the American Association of Diabetes Educators; or
  - 3. the Indian Health Service.
- B. All DSMT programs must adhere to the national standards for diabetes self-management education.
  - 1. Each member of the instructional team must:
- be a certified diabetes educator (CDE) certified by the National Certification Board for Diabetes Educators;
- b. have recent didactic and experiential preparation in education and diabetes management.
- 2. At a minimum, the instructional team must consist of one the following professionals who are also a CDE:
  - a. a registered dietician;
  - b. a registered nurse; or
  - c. a pharmacist.
- 3. All members of the instructional team must obtain the nationally recommended annual continuing education hours for diabetes management.
- C. Members of the instructional team must be either employed by or have a contract with a Medicaid enrolled professional services provider that will submit the claims for reimbursement of DSMT services rendered by the team.

AUTHORITY NOTE: Promulgated in accordance with R.S. 36:254 and Title XIX of the Social Security Act.

HISTORICAL NOTE: Promulgated by the Department of Health and Hospitals, Bureau of Health Services Financing, LR 38:0000 (January 2012).

## **Subpart 15. Reimbursement** Chapter 151. Reimbursement Methodology Subchapter A. General Provisions

§15103. Diabetes Education Services A. Effective for dates of service on or after February 20, 2011, the Medicaid Program shall provide reimbursement

for diabetes self-management training services rendered by qualified health care professionals. B. Reimbursement for DSMT services shall be a flat fee

based on the appropriate Healthcare Common Procedure Coding (HCPC) code.

AUTHORITY NOTE: Promulgated in accordance with R.S. 36:254 and Title XIX of the Social Security Act.

HISTORICAL NOTE: Promulgated by the Department of Health and Hospitals, Bureau of Health Services Financing, LR 38:0000 (January 2012).

Implementation of the provisions of this Rule may be contingent upon the approval of the U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services (CMS), if it is determined that submission to CMS for review and approval is required.

Interested persons may submit written comments to Don Gregory, Bureau of Health Services Financing, P.O. Box 91030, Baton Rouge, LA 70821-9030. He is responsible for responding to inquiries regarding this Emergency Rule. A copy of this Emergency Rule is available for review by interested parties at parish Medicaid offices.

Bruce D. Greenstein Secretary

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